

# What's New at MYSPP—July 2010

- \* To find trainings scheduled for 2010-2011, go to the MYSPP web site at [www.mainesuicideprevention.org](http://www.mainesuicideprevention.org). The new calendar will be posted by the end of July. That and other valuable information is just one click away.
- \* Mark your calendar—September 14, 2010 will feature an event at the Blaine House to recognize National Suicide Prevention week. This event is open to the public but you must pre-register to attend. Contact Joanne De Campos at 622-7566 ext. 202 or [jdecampos@mcd.org](mailto:jdecampos@mcd.org). Beyond the Basics of Suicide Prevention VII is scheduled for April 8, 2011 at the Wyndham Hotel in South Portland.
- \* The Public Relations subcommittee is actively seeking nominations of individuals, agencies, media, first responders, or funeral home directors who have helped to spread the word about suicide prevention, intervened to save a life, or been particularly helpful in the aftermath of a suicide. To submit a nomination, send an e-mail to Linda Williams at [lwilliams@mcd.org](mailto:lwilliams@mcd.org)
- \* *Transition Lessons* for high school seniors have been developed, field tested, and are now ready for use in schools that are currently implementing the *Lifelines Lessons*. The lessons can be delivered in four 45 or two 90 minute time blocks. MYSPP is also looking for middle schools to field test our new suicide prevention lessons. Contact Linda Williams for additional information at 622-7566 ext. 243.
- \* Check it out—this web site is for young people to help them get through hard times. <http://us.reachout.com/>
- \* Self-injurious behavior has become more prevalent and educators, parents and teens may need education about this. Cornell University has recently developed fact sheets for various audiences as well as a Power Point that can be used. Go to [www.crpsib.com](http://www.crpsib.com) for lots of free resources.
- \* The National Youth Violence Prevention Resource Center is a Federal resource for communities working to prevent violence committed by and against young people. The mission of the NYVPRC is to provide key leaders in communities—local government leaders and community leaders—with dynamic resources to help support their efforts to plan, develop, implement, and evaluate effective youth violence prevention efforts. Among the topics covered are alcohol abuse, bullying, dating violence, depression, school violence and youth suicide. You can access this site at [www.safeyouth.org](http://www.safeyouth.org)

*Statewide Crisis Hotline 24/7 1-888-568-1112; statewide Information and Resource Center 1-800-499-0027*

